

Casper Mountain Biathlon Club & United States Biathlon Association Present 2020 Western Regional Championships

March 20-22, 2020

Sprint and Super Sprint*

Hosted by
Casper Mountain Biathlon Club
Casper Mountain Outdoor Center at McMurry Mountain Park
1110 East End Road
Casper, WY 82601
casperbiathlon@gmail.com



Welcome

The Casper Mountain Biathlon Club invites you to attend the Western Regional Championship Races at the Casper Mountain Outdoor Center.

The Casper Mountain Outdoor Center is a relatively new venue that was built to be among the top biathlon centers in the United States. The facilities include a 30 point lighted range, more than 15 kilometers of world class Nordic trails that connect to a network of over 40 kilometers of trails. The trails were designed by Morton Trails to meet FIS homologation standards as well as IBU and IPC standards. There is currently a 2.5 kilometer paved range loop and 2.5 km of lit trails. Plans are in the works to continue paving another 2.5 km of roller ski trails in summer of 2020. The venue sits at 7800 feet. The range is located approximately 20 minutes from Casper, Wyoming, a city with a population of approximately 60,000. The largest city in Wyoming, Casper has everything you need for shopping, dining, and lodging but without all the traffic of most cities. Casper is home to plenty of western charm, a thriving downtown and wide variety of outdoor recreation options. It is not uncommon to see wild turkeys, prong horn antelope and mule deer roaming around town. The area is easily accessed by the Casper/Natrona County airport with regular connections to major airline hubs in Denver and SLC and can be reached via interstate I-25.

Rules

International Biathlon Union Event and Competition Rules will be in effect for this event, except as specifically modified by the Organizing Committee or Competition Jury. Any modifications to the rules will be discussed at the Team Captains Meeting. The organizing committee reserves the right to modify the parameters of the event based upon local conditions such as weather and trail availability.

Competition

| IBU CLASSES | AGE | Sprint | Sprint Sequence | Super Sprint | Super Sprint Sequence | Penalty Loop | Rifle Handling | Target | Support |
|-----------------|-------|--------|--------------------|--------------|---------------------------------------|-----------------|-------------------|--------|---------|
| Men | 21+ | 10 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
| Women | 21+ | 7.5 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
| Junior Men | 19-21 | 10 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
| Junior Women | 19-21 | 7.5 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
| Youth Men | 17-18 | 7.5 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |

| Youth Women | 17-18 | 6 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
|--------------------------|-------------|--------|--------------------|--------------|---|-----------------|-------------------|------------------------------|--------------------------|
| CMBC Classes | AGE | Sprint | Sprint Sequence | Super Sprint | Penalty Loop | Penalty Loop | Rifle Handling | Target | Support |
| Master Men 30- 39 | 30-39 | | | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
| Master Men 40- 49 | 40-49 | 10 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
| Master Men 50+ | 50+ | 7.5 km | PS | Q-3k F-5k | P+1, S+1 (Q) P+1,P+1,S+1, S+1 (F) | 150m | Carry | | |
| Master Women 30-39 | 30-39 | 7.5 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
| Master Women 40-49 | 40-49 | 7.5 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
| Master Women | 50+ | 6 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Carry | | |
| U17 Boys | Under 17 | 6 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Rack | | Cuff |
| U17 Girls | Under 17 | 6 km | PS | Q-3k F-5k | P+1,S+1 (Q) P+1,P+1,S+1, S+1(F) | 150m | Rack | P on P & S on S | Cuff |
| U15 B/G | Under 15 | 4.5km | PP | Q-3k F-5k | P+1P+1(Q) P+1,P+1,P+1 P+1(F) | 100m | Mat | Prone on Prone only | Cuff |
| Novice Men | 17+ | 7.5 km | PP | Q-3k F-5k | P+1P+1(Q) P+1,P+1,P+1 P+1(F) | 150m | Mat | Prone on Standi ng | Suppor |
| Novice Women | 17+ | 7.5 km | PP | Q-3k F-5k | P+1P+1(Q) P+1,P+1,P+1 P+1(F) | 150m | Mat | Prone on Standi ng | Suppor |
| Novice Boys | Under 17 | 4.5km | PP | Q-3k F-5k | P+1P+1(Q) P+1,P+1,P+1 P+1(F) | 100m | Mat | Prone on Standi ng | Suppor |
| Novice Girls | Under 17 | 4.5km | PP | Q-3k F-5k | P+1P+1(Q) P+1,P+1,P+1 P+1(F) | 100m | Mat | Prone on Standi ng | Suppor |
| U13 M/F | Under 13 | 3 km | PP | Q-3k F-5k | P+1P+1(Q) P+1,P+1,P+1 P+1(F) | 100m | Mat | Prone on Standi ng\ | Suppor |
| Adaptiv e | All | 4.5km | PP | Q-3k F-5k | P+1P+1(Q) P+1,P+1,P+1 P+1(F) | 100m | Mat | Prone | Air Rifle/ E rifle |

| Comp | 4km | 3.3km | 3km | 2.5km | 2km | 1.5km | 1.5km Adaptive | 1.20km | 1km | 800m | 500m |
|-----------------|-------|-------|--------|-------|-----|--------|-------------------|--------|------|------|------|
| Sprint | | ? | | ? | ? | | х | ? | ? | | |
| Super Sprint | | | | | | | | | ? | | |
| Color | Brown | Blue | Yellow | Green | Red | Orange | Purple | | Pink | | |

Schedule of Events

| March 19 | | | | | | |
|----------|---|--|--|--|--|--|
| | Range booked by clubs: fees required | | | | | |
| | \$5 range pass per person per day non CMBC members | Trail & Range passes must be purchased online at CMBC website. Range bookings can be by calling 307-215-4054. This day is NOT part of the event covered fees | | | | |
| Thursday | \$10 daily ski pass per person per day for non-season pass holders. \$50 season pass. | | | | | |
| Thursday | 1600 Office open in Gruner Building | Prep for team captain meeting | | | | |
| Thursday | 1700 wax room at Ramkota Hotel | Waxing outside at Venue possible | | | | |
| | | | | | | |
| March 20 | Training | | | | | |
| Friday | 0800 Office open in Timing Building | Pick-up trail passes | | | | |
| Friday | 0930– 1200 Official Training | IBU Categories Only – Lane Assignments | | | | |
| Friday | 1300-1630 Unofficial training | Lanes assigned by RSO on duty | | | | |
| Friday | 1700 Range closed | Competition preparation | | | | |
| | 1800 - Team Captains meeting | Athlete verifications by coaches, Sprint draw, course information, light | | | | |
| Friday | Ramkota Wyoming Theater | refreshments. | | | | |
| March 21 | Sprint Competition | | | | | |
| Saturday | 0800 Office open in Gruner Building | Bib pick up by team representative | | | | |
| Saturday | 0845 Equipment check opens | .22 caliber rifles checked for trigger & number, skis marked | | | | |
| Saturday | 0900-0945 Zero all Classes | | | | | |
| Saturday | 1000 Sprint Start | All | | | | |

| Saturday | Awards for all Categories presented when final results posted (approx. 1200) | Next to Timing Bldg./ Finish | | |
|----------|---|--|--|--|
| March 22 | Super Sprint Competition | | | |
| Sunday | 0800 Office open in Gruner Building | Bib pick up by team representative | | |
| Sunday | 0845 Equipment Check opens | .22 caliber rifles checked for trigger & number, skis marked | | |
| Sunday | 0900-0945 Zero all classes | | | |
| Sunday | 1000 Quarterfinal Start by categories, Followed by Finals when results are posted | All | | |
| Sunday | Awards for all categories presented when final results posted | Timing Bldg. / Finish | | |

Eligibility

If correctly registered and entered by USBA Region or any member of USBA in good standing may participate in this event if they have a valid USBA Competitor membership card or USBA Day Pass. The competitors must be prepared to show their membership card for the current year at the event registration.

The competition is open to all biathletes 7 years of age or older on the day of the competition. Please see the above chart for age categories. Biathletes, 16 and younger, may compete in the CMBC classes.

Team Captains Meeting

There is one team Captains Meeting scheduled for this competition. It will be held at the Ramkota Hotel Wyoming Theatre Friday March 20 at 6 pm. Additional meetings may be scheduled as needed. Items to be covered at the meeting include modifications to the rules, election of jury, start list review and start order draw for the Sprint competition. Bibs and final start lists for each of the races will be available at the Gruner Building at 0730 the morning of the race.

<u>Awards</u>

Awards will be presented following each of the races, to the top three finishers in each of the competition classes.

Waxing

The Natrona Room at the Ramkota Hotel is available as a wax room at the event hotel. Outdoor waxing areas are available for teams on a first come/first serve basis and can be arranged at the competition office starting Friday, March 20. Teams may set up tents, power is available.

Liability/Insurance Waiver

Competitors shall be responsible for adequate insurance of participants. All participants must be appropriately insured against injuries, illness or possible damage of material. Neither the organizing committee, Casper Mountain Biathlon Club, Casper Mountain Outdoor Center, Natrona County, the United States Biathlon Association, nor any sponsors or volunteers, shall be liable for personal and material damage. All competitors must sign a waiver and release of liability before using the facilities.

Registration and Fees

The entry fee is \$30 for one race and \$60 for two races for all competitors as specified by the Biathlon North America hosting policy. Registration for this event closes on Thursday, March 19th at 1700. Pre-registration is expected and should be received by that time. Participants may register at SkiReg.com [insert link]

Teams and individual athletes are welcome to schedule unofficial training prior to March 19. Trail passes and range fees are applicable. \$50 season pass or \$10 daily trail pass, as well as \$5 Range Fee. Please contact CMBC to schedule range time.

Getting Here:

The Casper Mountain Outdoor Center is approximately 20 miles (30 minutes) from the Casper/Natrona County International Airport.

The Denver Airport to the biathlon venue is 295 miles or approximately 4.5 hour drive. Take I-25 North from Denver to Casper.

Public transportation to the venue is not available.

Casper Mountain Outdoor Center/Casper Mountain Biathlon Club: 1110 East End Road Casper WY 82601

From Casper: Take Wyoming Blvd, head south on Casper Mountain Road for 7 miles. Make sure to stay left at the fork of Casper Mt. Road and Hogadon Rd. Take a sharp left onto East End Road (Across from Beartrap Meadow) and continue another 1.5 miles. The venue will be on the left at the bottom of a big hill. AWD/4WD, or carrying chains are recommended for driving up Casper Mountain Road in snowy conditions.

Google Map

Lodging and Dining

Official Event Hotel: Ramkota Hotel & Conference Center 800 N Poplar St Casper, WY 82601

Office: 307-266-6000

https://ramkotacasper.com/

There will be a discounted rate that includes a hot, full breakfast buffet. A wax room is available at the hotel. Coaches meeting takes place at Ramkota. Free airport shuttle. When booking, ask for the Casper Mountain Biathlon rate.

The Ramkota is a 25 minute drive to the biathlon venue.

Casper has many other lodging and dining options including a few choices "on the mountain"

The Chiefs

Chief of Comp- Rob Rosser
Chief of Timing- Mason Sale
Chief of Course- Kelly Pearson
Chief of Stadium- Erich Schmidt
Chief of Range- Laura Sluder
Comp Secretary- Cathy Rosser
Volunteer Coordinator- Josh and Cynthia Jenkins
Chief of Medical- Hogadon Ski Patrol
Hospitality Chief- TBD
Bib Manager- TBD

Contacts

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